



# ONE WEEK YOGA



Starting From :Rs.:0 Per Person

8 Days / 7 Nights

TRIVANDRUM

## Package Description

### ONE WEEK YOGA

ONE WEEK YOGA : Routing Thiruvananthapuram Kanyakumari Kollam Varkala Kovalam

## Itinerary

### Day.1

#### Trivandrum

You are greeted on arrival at the Thiruvananthapuram International Airport by The Travel Planners representative and transfer to the Resort. Evening free to relax and get refreshed for the next day.

**Meals:**Breakfast at all hotels

**Optional:** N/A

### Day.2

#### Trivandrum

Morning yoga section. Then we will go to different interesting places in Trivandrum which includes the Padmananhaswamy temple, Horse Palace, Napier Museum and the Srichitra Art Gallery. Later drive back to the hotel for the Lunch. Evening free to enjoy the kovalam beach and spend evening there in the sea

**Meals:**Breakfast at all hotels

**Optional:** N/A

### Day.3

#### Chathanpara

Today morning yoga section. Then our destination is the enchanting waterfalls in Chathanpara. We start with the deep forest to touch the hidden beauty and vibration of Kerala. One hour walk through the banks of the river in the forest will lead us to Chathanpara waterfalls. We will spend some pleasant time there for swimming and meditation to fill our minds with happiness along with spirituality. We will be back in the evening

**Meals:**Breakfast at all hotels

**Optional:** N/A

#### Day.4

##### **Kanyakumari**

Morning yoga section. Then go to Padmanabhapuram palace (A magnificent wooden palace of the 16th century) and then go to Kanyakumari which is the very tip of the Indian peninsula and the confluence of the Bay of Bengal, the Arabian Sea and the Indian Ocean. Nature is so spectacular at Kanyakumari that several other Indian beaches pale by comparison. The places of interest in Kanyakumari are Kumariamman Temple and The Thiruvalluvar Statue

**Meals:**Breakfast at all hotels

**Optional:** N/A

#### Day.5

##### **Kollam**

Morning yoga section. Then an elephant ride and back water trip at Kollam (Ashtamudi lake). And a visit to Panmana Ashram (traditional ashram).

**Meals:**Breakfast at all hotels

**Optional:** N/A

#### Day.6

##### **Varkala**

Morning yoga section. Then visit Santigiri Ashram (traditional ashram) then go to Varkala beach to enjoy the sea and sunset, then we go to watch Kathakali (temple dance)

**Meals:**Breakfast at all hotels

**Optional:** N/A

#### Day.7

##### **Kovalam**

Morning yoga section. Then cooking class (teaching to cook yogic and typical South Indian dishes) there will be breakfast, lunch, tea and dinner in yogic and typical South Indian way. Then evening free to enjoy the Kovalam beach and spend evening there on the sea

**Meals:**Breakfast at all hotels

**Optional:** N/A

#### Day.8

##### **DEPARTURE**

Morning After breakfast transfer to Trivandrum International Airport for your onward journey.

**Meals:**N/A

**Optional:** N/A

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## Inclusions

- \*Accommodation in mentioned Hotels in double Rooms.
- \* Breakfast at all hotels .
- \*Transportation using A/C innova car as per itinerary.
- \* All three meals in house boat.
- \*A/c premium Arrival assistance.
- \* Service of an English speaking driver Parking, Toll All Taxes.

## Exclusions

## Hotel Details & Price

Hotel Name	Star	Twin Sharing	Child With Bed	Child Without Bed
Subject to availability	3	Rs.0	Rs.0	Rs.0

## Highlights

- \* Breakfast at all hotels .
- \*Transportation using A/C innova car as per itinerary.
- \*A/c premium Arrival assistance.
- \* All three meals in house boat.

## Sightseeing

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## Terms & Conditions

- \*Any other service/s not specified above.